



NEWS RELEASE

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For Immediate Release

GOSHEN, NY--- On Saturday July 3rd, Family Empowerment Council, Inc. (FEC) celebrated "Family Day at The Races" with more than 80 friends and family members gathered to enjoy a FEC sponsored race at the Goshen Historic Race Track.

Immediately following the day's racing program, guests enjoyed good food and good company for a fundraising event to benefit Family Empowerment Council. Entertainment was provided by the band, Fixation, and a tricky tray raffle was held with the assistance of some of the participants of FEC's Connection Day Habilitation program for people with developmental disabilities.

The Family Day at the Races was established by the FEC Board of Directors to celebrate the independence that the consumers and families have achieved. Every day direct care workers support people's individual rights and interests and encourage independent action and thinking.

"It's great to see so many people come out to support the great work of Family Empowerment Council. The Goshen Historic Race Track does a great job putting on a wonderful show each year! I am so proud to be able to recognize the great strides we have made to inspire each other to achieve wonderful outcomes along side the people we serve as they pursue their choices and goals for independence and community," commented Cheryl Sanza, member of FEC's board of directors.

"The people we serve show courage and determination in the pursuit of their goals and dreams as they embrace opportunities and unique choices for their lives. FEC is proud to support the people we serve in their journey and the staff that support them along the way," stated Amy Anderson-Winchell, Executive Director, FEC.

The Summer Gathering was chaired by Cheryl Sanza, and organized and staffed by individuals receiving services through FEC, family members, and FEC staff and board members.

Family Empowerment Council was established in 1993 by a group of concerned parents, including the late Sally McGlynn, seeking family involvement in the establishment, provision and advocacy for services to their children with disabilities. FEC's mission is to assist people with disabilities to make and implement informed choices in all areas of their lives. FEC is a person centered not-for-profit corporation which promotes the individualization, independence, integration and productivity of people with disabilities. FEC provides a variety of services including service coordination for diverse populations, support for families with children with serious mental illness, consumer-directed personal care, residential and day habilitation, respite and educational advocacy. To learn more about the programs and services of Family Empowerment Council, visit www.familyempowerment.org

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Family Empowerment Council's (FEC) Executive Director, Amy Anderson Winchell (far right) with FEC's recently retired board chair, Graham Skea and guests at FEC's Family Day at the Races held at The Goshen Historic Track on July 3rd.